



OSTBA^YERN
Tourismusverband Ostbayern e.V.

East Bavaria – in the heart of Central Europe



www.ostbayern-tourismus.de

Bayern



East Bavaria

East Bavaria, with its Bavarian Forest, Upper Palatinate Forest, Bavarian Jura, Bavarian Golf and Spa Country as well as its towns, offers a great deal of variety for visitors in a charming region full of nature and culture. What is more, there are many superlatives which can be used in connection with this region: East Bavaria is home to some of the oldest breweries in the world, the largest, historical open-air theatre in Europe, the best preserved medieval city in Germany with over 1000 buildings listed as historical monuments, the most visited thermal region in Europe, the largest glass pyramid in the world, the oldest coffeehouse in Europe... to name just a few! Allow yourself to be amazed by a visit to East Bavaria!

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Welcome

Walking activities

The region of East Bavaria, with top destinations including the Bavarian Forest, the Upper Palatinate Forest, the Bavarian Golf and Spa Country, the Bavarian Jura and East Bavarian towns, lies in the heart of Central Europe. The region can be reached from one of four international airports (Munich, Frankfurt am Main, Prague and Vienna) and, as a result, is directly accessible from all over the world.



Our region of East Bavaria, which borders neighbouring countries Austria and the Czech Republic, is rich in historic towns, charming natural beauty and Bavarian culture and tradition. Particularly unique are the UNESCO World Heritage town of Regensburg, the idyllically situated "city of three rivers", Passau, the richness and diversity of Bavaria's beer and glass-making tradition, the first German national park with the purest air in Germany and many more natural beauties and landmarks. The region of East Bavaria has something to offer for all visitors coming from all over the world: culture and nature, adventure and relaxation, traditional and unique.

We invite you to discover East Bavaria for yourself and hope to see you here soon for an unforgettable stay.

We look forward to your visit,

Dr. Michael Braun, CEO

Passau Cathedral

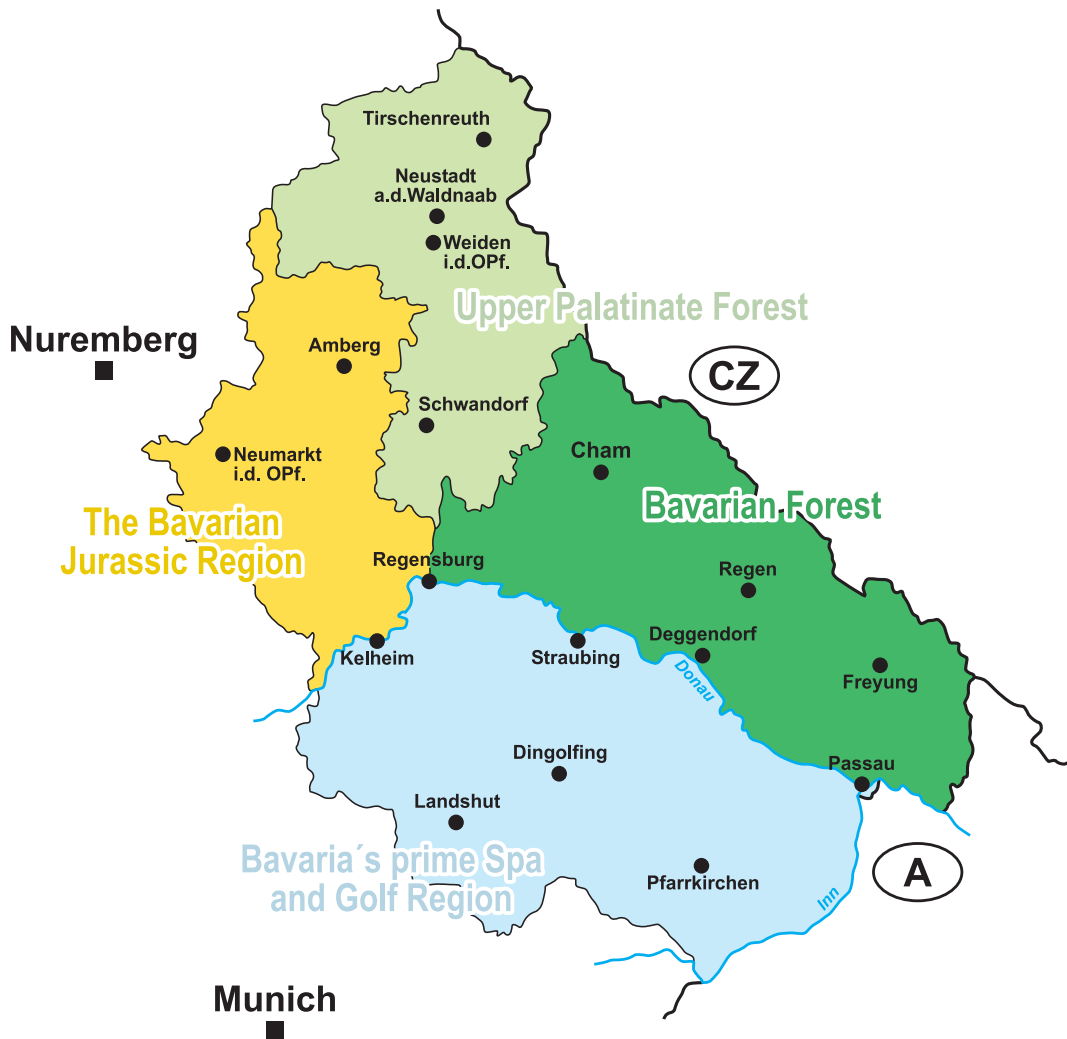
Medieval Prunn Castle

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Your travel destination: East Bavaria







East Bavaria's four touristic regions



Erfrischend
natürlich.



The Bavarian Forest: The "Green Roof of Europe"

Here in the largest forest landscape in Central Europe, you can experience pure nature with clear streams and lakes, and breathe in the purest air that has ever been measured in Germany. An old-growth forest is situated in Germany's Bavarian Forest National Park along the border to the Czech Republic; a natural world, completely untouched by humans. It is Germany's oldest national park. This is the biggest nature conservation project in Central Europe along with the neighbouring Sumava National Park in the Czech Republic. The treetop path in the national park is the longest in the world, with a total length of 1300 m. The view over the treetops in the Bavarian Forest is simply spectacular, and

in clear weather it is possible to see the Alps in the distance, over 150 km away. The Bavarian Forest has a glass tradition that goes back more than 700 years. Numerous glassworks and glass museums invite you to take a look around, and perhaps indulge in a spot of shopping! Hiking, cycling, canoeing and skiing, as well as snowshoeing in the winter, are the most popular recreational and sporting activities. Families with children can also get their money's worth with several summer toboggan runs and the "Haus auf dem Kopf" (Upside-Down House), an entire house that is completely topsy turvy and confuses your senses.



www.bayerischer-wald.de

- 1 www.nationalpark-bayerischer-wald.de/english
- 2 Haus auf dem Kopf (Upside-Down House): www.waldwipfelweg.de
- 3 The Crystal Road: www.die-glasstrasse.de



Winter sports in
the Bavarian Forest



1 Arber lake



2 Walkway high above the forest



Bavarian Forest National Park: www.nationalpark-bayerischer-wald.de/english

Šumava National Park in the Czech Republic: www.npsumava.cz/en

Treetop path in the National Park: www.nationalpark-bayerischer-wald.de/english

1 Walking in the Bavarian Forest



Feeding deer in a wildlife preserve

3 Crystal Road



3 Crystal Road





Sport activities: mountain biking ...



... and highwire courses



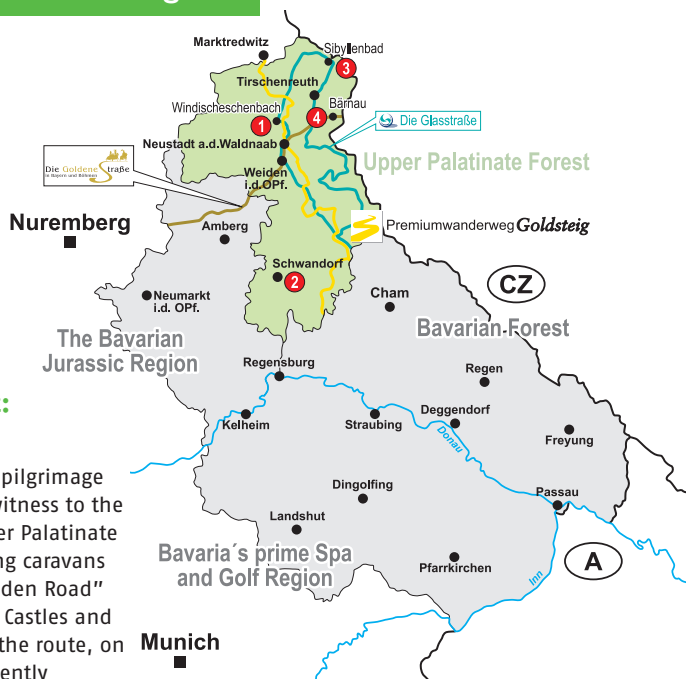
East Bavaria's four touristic regions



The Upper Palatinate Forest: an old, cultural landscape

Old palaces and castles, baroque pilgrimage churches and monasteries bear witness to the historical significance of the Upper Palatinate Forest. Emperor Karl IV and trading caravans regularly travelled along the "Golden Road" between Nuremberg and Prague. Castles and guarded stop-off points secured the route, on which valuable goods were frequently transported. You can still spot the age-old paths today. The Upper Palatinate Forest is extremely interesting in terms of its geology, since several mountains were previously volcanoes, and you can also still see the basalt cones. Furthermore, the deepest borehole in the world, with a depth of over 9000 m, can be found in Windischeschenbach. In the Upper Palatinate Lake District, where there is a concentration of smaller lakes, you can also have a go at all different types of water sports such as sailing, surfing or water skiing. The longest certified hiking trail in Germany, the 600-kilometre-

long Goldsteig trail crosses the Upper Palatinate Forest as well as the Bavarian Forest. Located near the Czech border and thus in the vicinity of the Czech spa towns Karlovy Vary, Mariánské Lázně and Františkovy Lázně, Sibyllenbad is the only spa and health resort in the Upper Palatinate Forest which is famous for its natural radon and carbon dioxide springs. The Bärnau-Tachov history park is a unique museum in Bavaria. In this special archaeological open-air museum, visitors can experience medieval life from the 9th to the 13th centuries with all their senses.



www.oberpfaelzerwald.de

The Golden Road: www.goldene-strasse.de

1 The deepest borehole in Windischeschenbach: www.geozentrum-ktb.de

2 Upper Palatinate Lake District: www.oberpfaelzer-seenland.de

Goldsteig trail: www.goldsteig-wandern.de/en

3 Sibyllenbad spa: www.sibyllenbad.de/en

4 Bärnau-Tachov history park: www.geschichtspark.de/en



Wernberg Castle



Along the idyllic river Naab



4 Bärnau-Tachov history park



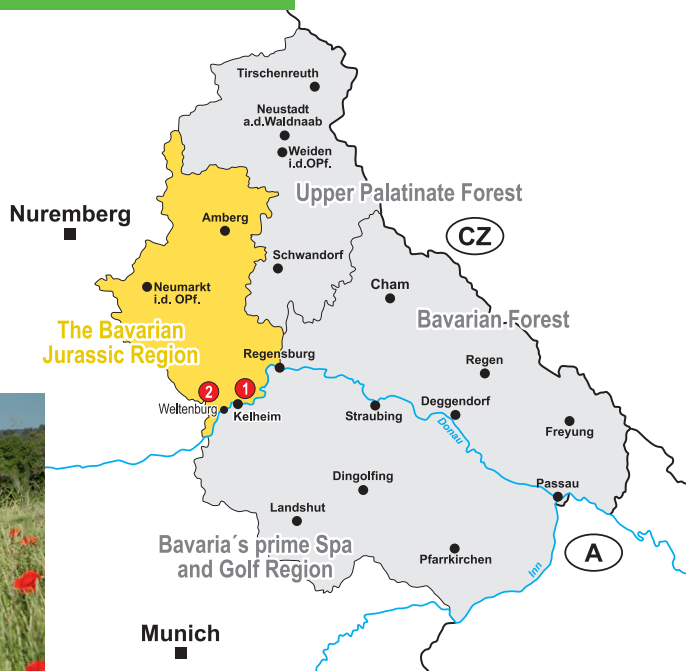
Along the "Golden Road"



4 Pilgrimage church
close to Waldsassen



East Bavaria's four touristic regions



The Bavarian Jura: formerly a sea – today a rocky karst landscape and a wealth of limestone caves

200 million years ago, forces of nature left behind a rather special landscape in the heart of Bavaria: the Bavarian Jura. The traces of this former Jurassic Sea, which existed there for millions of years, are somewhat overwhelming for present-day observers: imposing rock formations and picturesque moorland grazed by sheep with delicate orchids and mystical limestone caves are typical for a karst landscape. Rivers meander through mighty rock faces, castles and palaces dominate the view. A journey through the Bavarian Jura is like a trip into many different

worlds: in the history of our earth, in the underworld, in increasingly rare plant and animal kingdoms.

Particularly sensational is a boat trip through the narrow and rocky Danube Gorge, one of the most beautiful and impressive sections of the c. 2800-kilometre-long River Danube. The final destination of the boat trip, which leaves from Kelheim, is Weltenburg Abbey, an old Benedictine monastery with a wonderful, baroque church and also the home of the oldest monastery brewery in the world.



www.bayerischerjura.de

① Danube boat trip: www.schiffahrt-kelheim.de

② Weltenburg Abbey: www.kloster-weltenburg.de
www.kloster-weltenburg.de/a-short-guide-to-weltenburg

2 Weltenburg Abbey



1 Danube Gorge



Medieval town of Berching



Walking in the Bavarian Jura

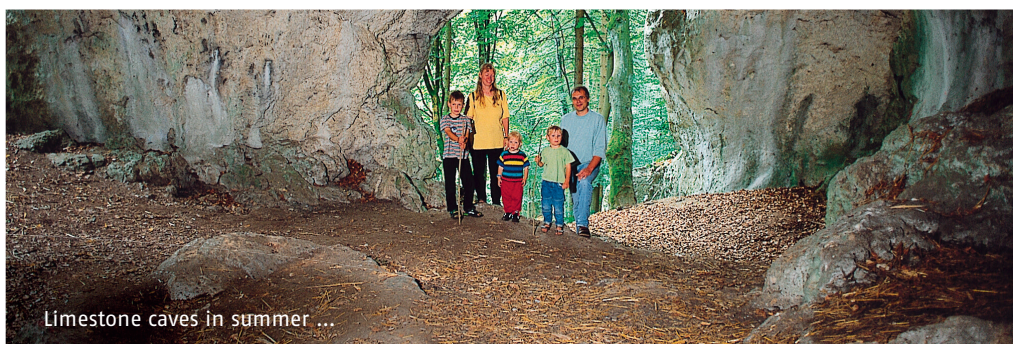


Romantic landscape at the monastery of Pielenhofen

Historical town of Kallmünz



Limestone caves in summer ...



... and in winter.

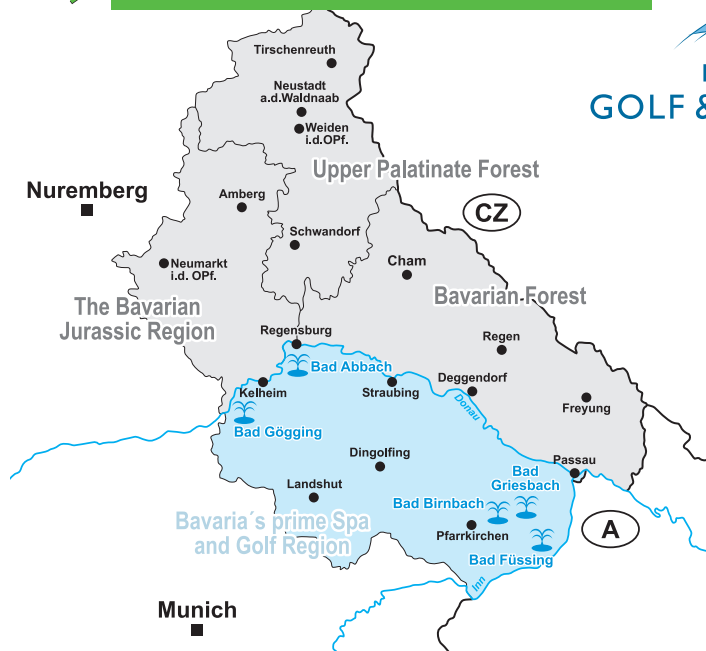




East Bavaria's four touristic regions



BAYERISCHES
GOLF & THERMENLAND



The Bavarian Golf and Spa Country: the largest thermal spa landscape in Europe

Sporty, rustic and always healthy: this sums up the five spas and thermal baths (Bad Füssing, Bad Griesbach, Bad Birnbach, Bad Gögging and Bad Abbach) of the Bavarian Golf and Spa Country. Natural mud, sulphur and thermal water make Bavaria's Bad Gögging rather unique. Nowhere else can the three natural remedies be used simultaneously. Guests of the modern spa town bathe in the Limes-Therme thermal baths, drink the waters and benefit from the effect of the natural mud. The history of the Kaiser-Therme in Bad Abbach also goes back a long way. Emperor Charles V was so taken by the healing power of the sulphurous springs that he regularly stayed there, indeed giving the Kaiser-Therme its name. When drillings teams got to work in the 1930s on their search for crude oil, they instead came across hot water at a temperature of 56 degrees and a depth of 1,000 metres; this was the birth of the Lower Bavarian spa triangle comprising Bad Füssing, Bad Griesbach and Bad Birnbach. The great effectiveness of the thermal water justified the development of Bad Füssing to become the most popular health resort and most visited thermal spa in Europe. Three thermal springs and the large centre for traditional Chinese medicine make the spa town unique. Curative thermal water from a depth of up to 1,522 metres also bubbles in the wellness pools at Bad Griesbach. The biggest golf resort in Europe is also located in Bad Griesbach, where VIPS can be spotted playing a round from time to time, like Franz Beckenbauer, for example. The more rural spa in this trio is Bad Birnbach. Here, you can immerse yourself in a world of wellbeing through water, warmth and the idyllic countryside of the Rottal Valley. Ten different saunas, a salt stone grotto, themed relaxation rooms and a room with an open fireplace make up the 31 thermal pools of the Rottal Therme. A distinctive feature is the 100-metre-long thermal stream which snakes its way through an elaborately designed outdoor area, the "garden of the senses".



Bad Füssing



Enjoying



www.bayerisches-thermenland.de

Bad Füssing : www.bad-fuessing.de/explore-bad-fuessing-healing-water-wonderful-nature-and-richness-of-experiences

Bad Griesbach: www.badgriesbach.de

Bad Birnbach: www.badbirnbach.de

Bad Gögging: www.bad-goegging.de

Bad Abbach: www.bad-abbach.de/en



Bad Abbach



Idyllic landscape of
Bavarian Golf and Spa Country



Bad Griesbach



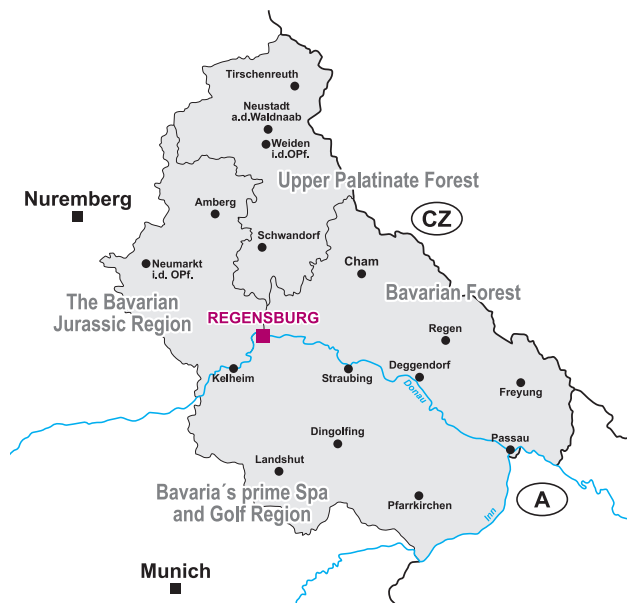
Towns in East Bavaria

Cathedral of Regensburg
and "Stone Bridge"

Regensburg

Like precious pearls, Regensburg, Straubing, Deggendorf and Passau are strung together by the "blue ribbon of Europe", the Danube. The Romans settled here some 2000 years ago.

Regensburg is the best-preserved, medieval town in Germany and a UNESCO World Heritage Site. The town is characterised by its special and – despite its age – youthful charm, by its long and internationally





"Regensburger Domspatzen"

significant history with numerous historic buildings, and by its lively old town with unique shopping opportunities, lots of bars, cosy cafés and restaurants. Particularly outstanding are the prominent, gothic St Peter's Cathedral, which houses the world-famous boys' choir (Regensburger Domspatzen), the 800-year-old "Stone Bridge", the Thurn and Taxis Palace, which is incidentally the largest inhabited palace in

Europe, the old town hall with its historic rooms of the "Perpetual Diet of Regensburg", the predecessor of the German parliament, and also the oldest coffeehouse in Germany.

Numerous international river cruise ships sailing along the Danube moor in Regensburg.



tourismus.regensburg.de/en



Medieval places



Towns in East Bavaria

Passau

Passau's location is unique worldwide. The city was built on the confluence of three rivers; the Danube, the Inn and the Ilz. From a boat you can enjoy unforgettable views of Passau: the Italian flair of the Old Town with its colourful facades, St Stephen's Cathedral, which houses the world's largest cathedral organ with nearly 18,000 pipes, and the spectacular confluence of the three rivers. Most of the sites such as churches, museums, the New Bishop's Residence and the town hall are located in the baroque Old Town. Picturesque squares, winding alleyways, secluded cafés, cosy little shops and romantic river walks invite you to unwind and discover Passau, and maybe even do a little shopping! Passau is also a major mooring for international river cruise ships on the Danube.



Cathedral Organ



www.tourismus.passau.de

Baroque Old Town of Passau



Confluence of the rivers Danube, Inn and Ilz





Towns in East Bavaria

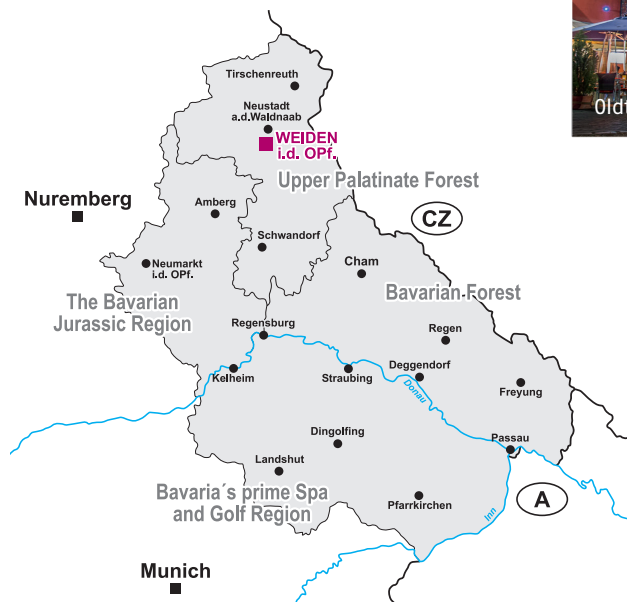
Old Townhall

Weiden

The city of Weiden is very famous for its porcelain. It is possible to purchase high-quality porcelain directly at the production site in several factory outlets. The Bauscher and Seltmann porcelain companies in Weiden are particularly famous. The International Ceramics Museum in Weiden invites visitors to time travel, with some of its rare exhibits dating back to over 7,000 years ago.



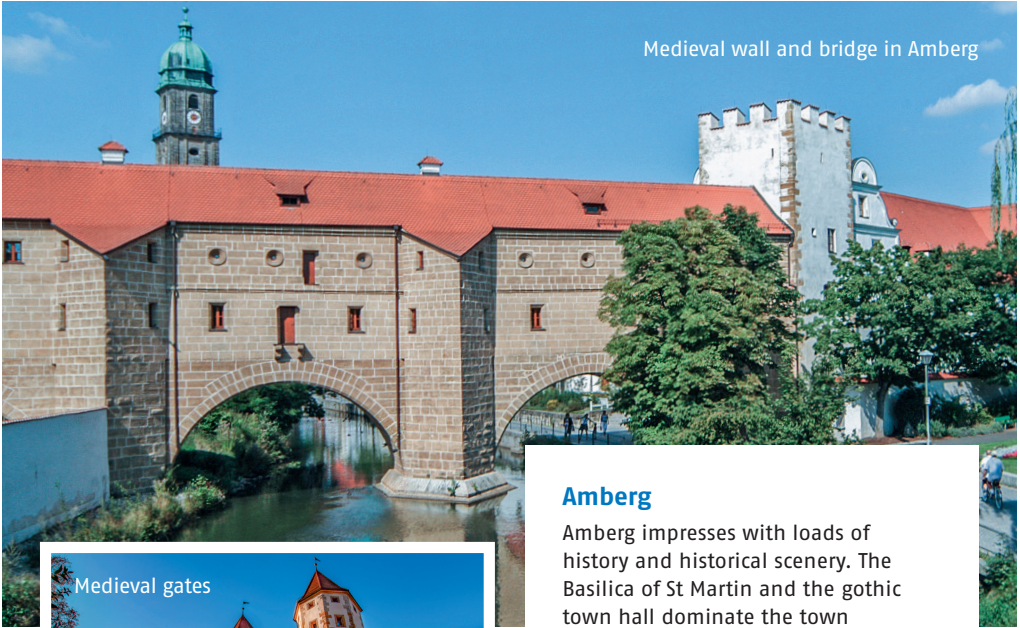
Oldtown of Weiden



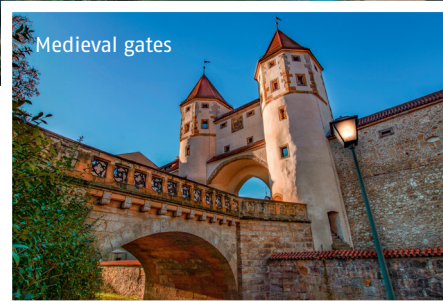
Sales of porcelain



www.weiden-tourismus.info



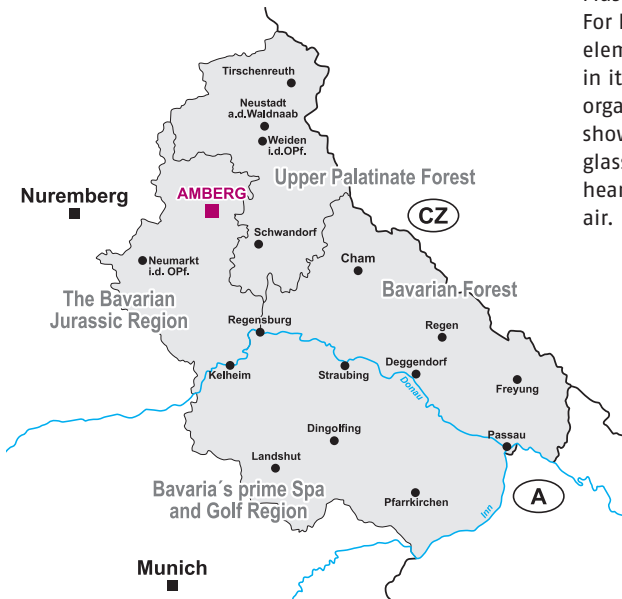
Medieval wall and bridge in Amberg



Medieval gates

Amberg

Amberg impresses with loads of history and historical scenery. The Basilica of St Martin and the gothic town hall dominate the town centre, which is almost completely surrounded by a medieval wall. Historic sites such as the Amberg landmark and the Stadtbrille ("Town Spectacles") bear witness to its significance as an electoral town of residence. The Luftmuseum ("Air Museum") is also unique to Germany. For here, the unassuming yet vital element becomes a museum exhibit in its own right. From the plastic bag organ and the flying carpet to the air shower and the autumn storm behind glass – in the Air Museum, you can hear, see, experience and understand air.



Air Museum



www.tourismus.amberg.de



Towns in East Bavaria

Museum for Historical Maybach-cars in Neumarkt



Neumarkt in der Oberpfalz

Art, history and cuisine are top priorities in the old residence town of Neumarkt, with its Pfalzgrafenschloss (Castle of the Counts of the Palatinate) and Wolfstein Castle ruins which soar above the town. This can be demonstrated by the fact that four breweries exist in Neumarkt, some of which can also be visited on a tour. A brewery museum displays some of the centuries-old equipment. The museum for historical Maybach-cars is unique: 20 out

of approximately 160 of the world's most valuable luxury cars are exhibited here. It is, therefore, the largest collection of its kind worldwide. Between 1921 and 1941, the vehicles were only made upon individual order. Also worth mentioning is the Weißwurst Academy, where you can learn how to make your own Weißwurst (traditional Bavarian sausage)!



www.neumarkt.de

At the second largest public festival in Bavaria



Christmas Market in Straubing



Straubing

The history of Straubing goes right back to the time of the Celts and the Romans. The many striking patrician houses and the magnificent churches from the Romantic and Baroque Periods are very impressive. The famous painter Albrecht Dürer designed one of the glass windows in the Basilica of St James (Jakobskirche). The Roman treasure in the Gäubodenmuseum is unique; here you can admire nearly 2,000-year-old Roman face masks and protective head plates for horses, among other things. Every year, well over one million visitors – many in Bavarian costume – flock to Straubing to attend and celebrate extensively at the Gäubodenfest, Bavaria's second largest festival after the Oktoberfest in Munich.

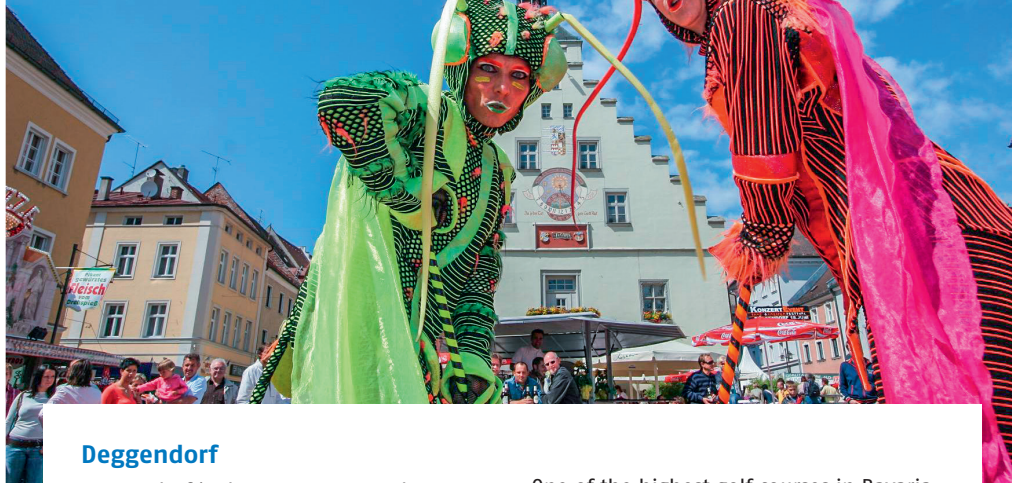


www.straubing.de



Towns in East Bavaria

Festival on the market place in Deggendorf



Deggendorf

Deggendorf is the "gateway" to the Bavarian Forest and there is an altitude difference of 800 m simply within the boundaries of the town. When spring has already arrived in the lower areas of the town, the dead of winter is often still to be seen in the higher altitudes.

One of the highest golf courses in Bavaria is also in Deggendorf. Colourful facades, gothic churches and towers, historical museums and a vast market place with numerous shopping facilities top off the cityscape of this town on the Danube.



www.deggendorf.de



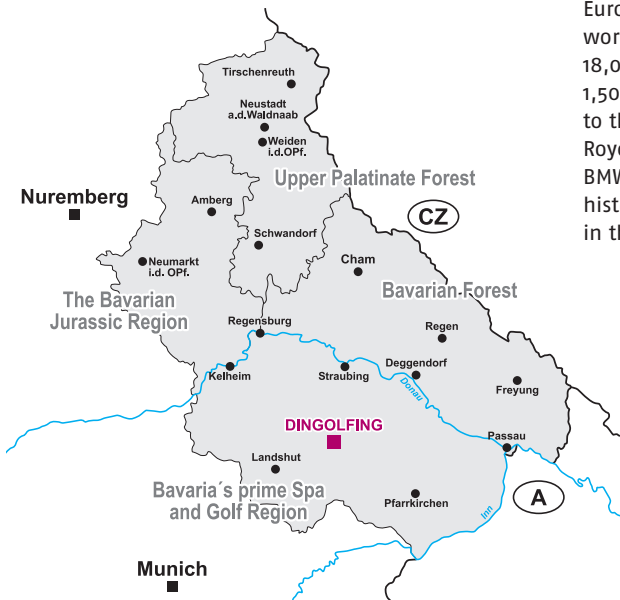
Medieval wall in Dingolfing



Museum:
Historical
cars ...

Dingolfing

Dingolfing impresses with its trio of culture, nature and industry. The River Isar, which also cuts through the metropolis of Munich, flows idyllically through the upper and lower parts of the town. Dingolfing is particularly well-known as the production site of BMW. The biggest BMW factory in Europe and the second biggest in the world is located here. Every day, over 18,000 people manufacture around 1,500 vehicles from the BMW 3 series to the BMW 7 series, as well as Rolls-Royce Motor Cars which belong to the BMW Group. You can learn about the history of Dingolfing as a "motor city" in the Dingolfing Museum.



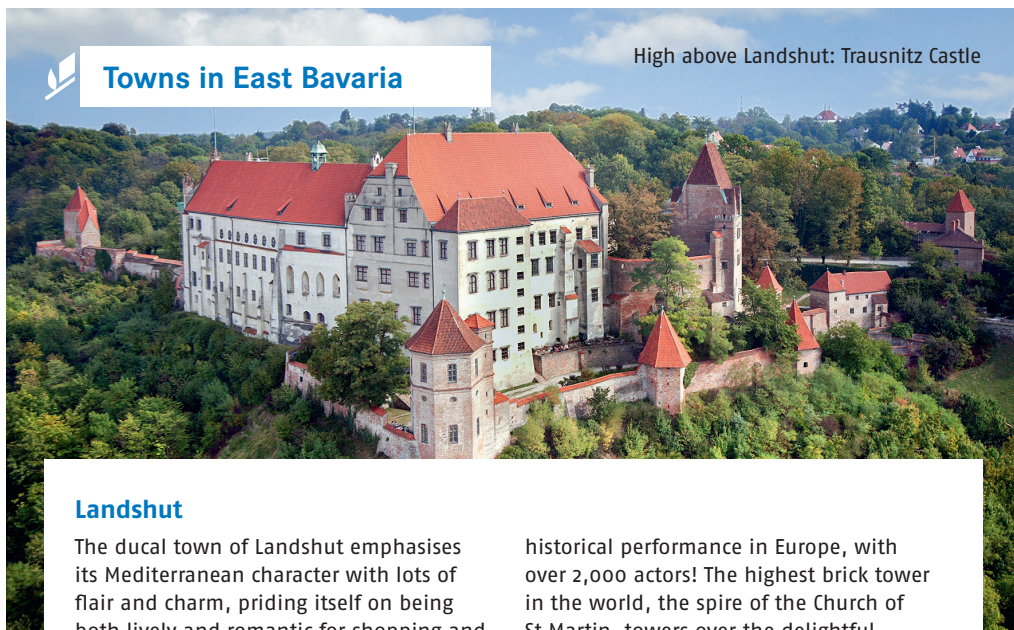
... and
motorcycles

www.dingolfing.de



Towns in East Bavaria

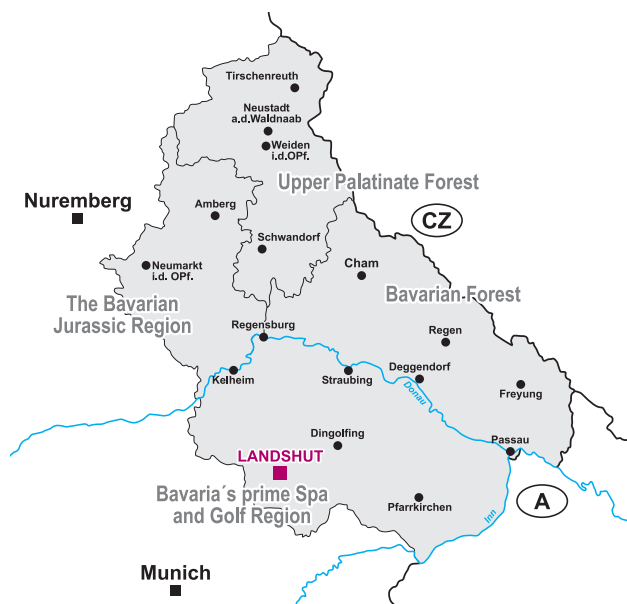
High above Landshut: Trausnitz Castle



Landshut

The ducal town of Landshut emphasises its Mediterranean character with lots of flair and charm, priding itself on being both lively and romantic for shopping and culture lovers alike. Landshut is famous for the faithful re-enactment of the wedding between Duke George the Rich and Polish Princess Hedwig Jagiellonica in 1475, the so-called "Royal Wedding of Landshut". The Royal Wedding of Landshut takes place every four years and is the greatest

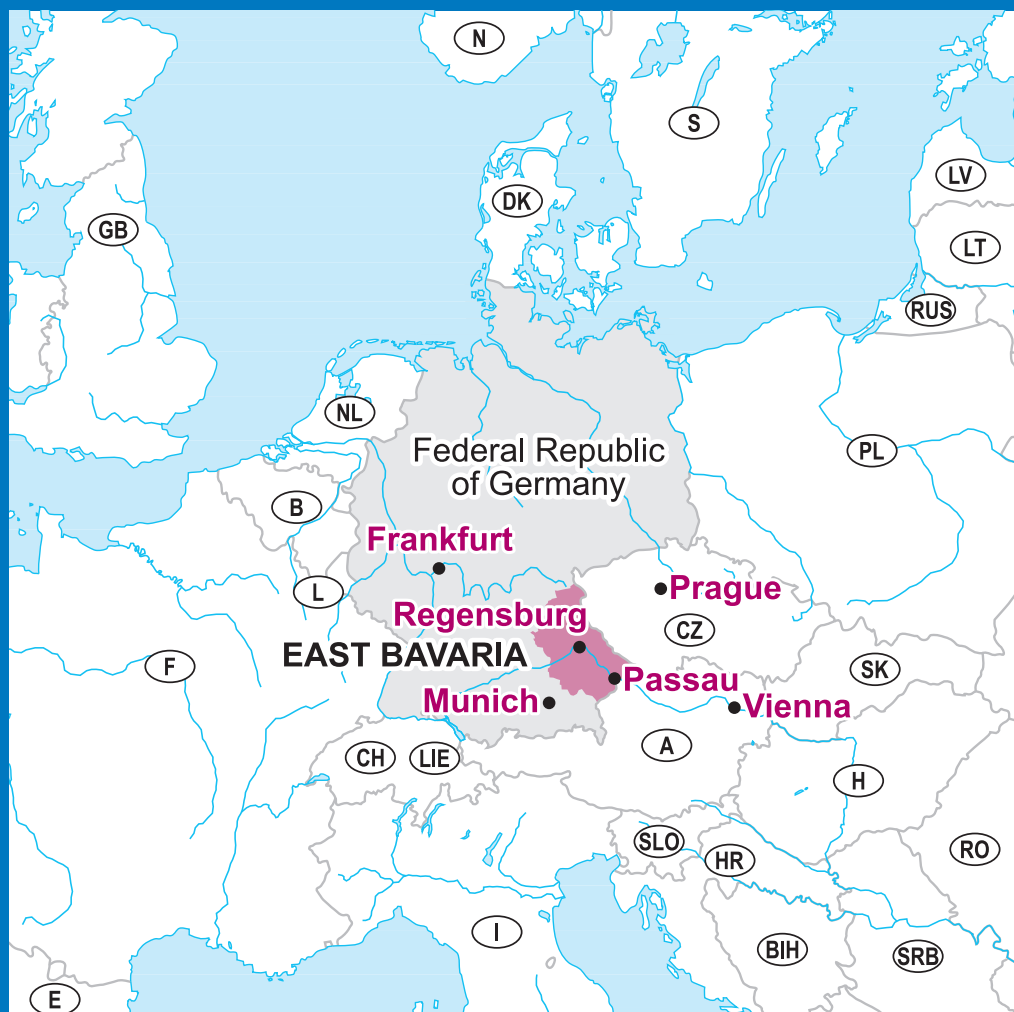
historical performance in Europe, with over 2,000 actors! The highest brick tower in the world, the spire of the Church of St Martin, towers over the delightful, pleasant scenery of the historic Old Town. At a height of over 130 metres, it even outdoes Trausnitz Castle, which overlooks the city. The town of Landshut is only about half an hour away from Munich Airport.



www.landshut-tourismus.info



Distances to airports



Frankfurt – Regensburg: c. 330 km

Munich – Regensburg: c. 114 km

Prague – Regensburg: c. 260 km

Vienna – Regensburg: c. 420 km

Frankfurt – Passau: c. 444 km

Munich – Passau: c. 160 km

Prague – Passau: c. 230 km

Vienna – Passau: c. 307 km



Kuchlbauer Tower



Suggested tours: Beer tour through East Bavaria



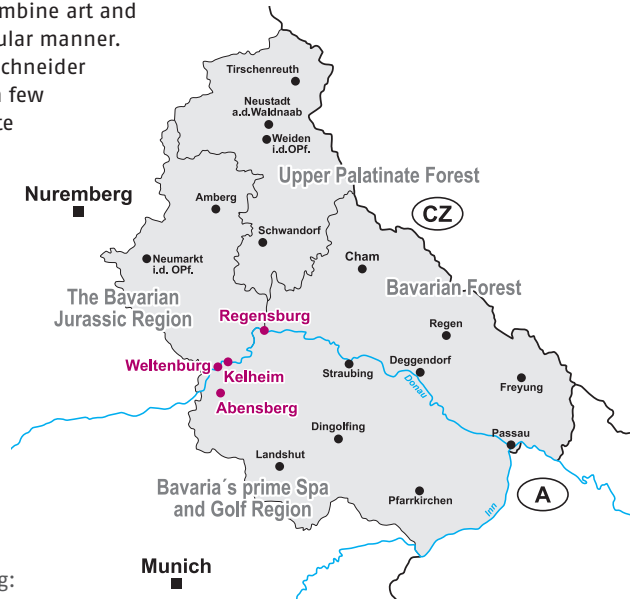
Weltenburg Abbey



Enjoying Bavarian Beer

The delights of beer and culture!

East Bavaria has the second highest density of breweries in the world. Over 1000 different flavors of beer are produced in approximately 160 breweries, the majority of which are relatively small. Some breweries are also the oldest of their type worldwide. The Weltenburg Brewery, situated in the beautiful Weltenburg Abbey on a bend of the upper Danube, is the oldest monastic brewery in the world, reckoned to be about 950 years old. Not far away in the town of Kelheim, is the Schneider Weisse Brewery, the oldest wheat beer brewery in the world. The traditional Kuchlbauer Brewery in Abensberg is also certainly worth a visit. The Kuchlbauer Tower, designed by the Austrian artist Friedensreich Hundertwasser, and the neighbouring Kunsthaus combine art and Bavarian beer tradition in a spectacular manner. The Kuchlbauer, Weltenburger und Schneider Weisse breweries are only situated a few kilometres from each other. The route from Weltenburg to Kelheim can even be covered by boat through the stunning Danube Gorge Nature Reserve, where towering rock faces squeeze the Danube into a narrow riverbed. At the end of this unique "beer tour", you can enjoy a beer or two from one of the three Regensburg breweries in a very beautiful beer garden by the Danube. Beer and Bavarian tradition lie side by side on this tour.



Three breweries in Regensburg:
www.brauerei.spital.de
www.kneitinger.de/en
www.bischofshof.de

Schneider-Weisse Brewery
 in Kelheim
www.schneider-weisse.de/en

Kuchlbauer Brewery in Abensberg:
www.kuchlbauer.de/en

Danube river cruise: www.schiffahrt-kelheim.de

Weltenburg Brewery: www.weltenburger.de

Weltenburg Abbey: www.kloster-weltenburg.de
www.kloster-weltenburg.de/a-short-guide-to-weltenburg

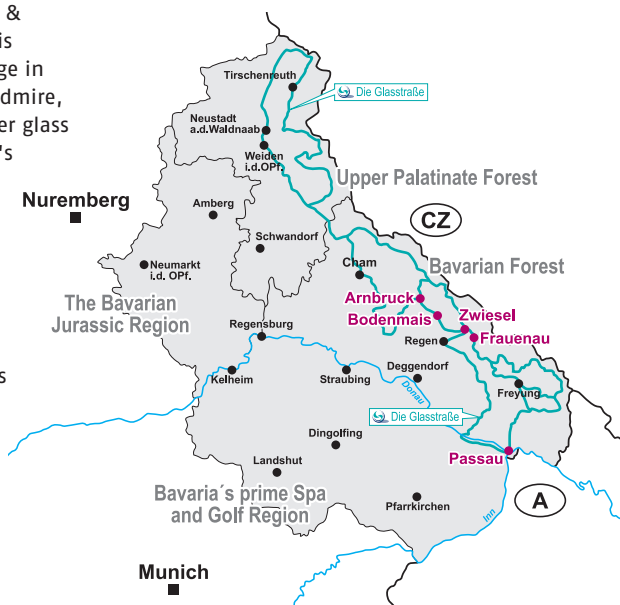
Suggested tours: The Crystal Road (Glasstraße)

Glass garden at JOSKA in Bodenmais

Out and about in the glass production region of the Bavarian Forest and the Upper Palatinate Forest

The production and processing of glass has a tradition spanning over 700 years in the Bavarian Forest and the Upper Palatinate Forest. There are still many small and large glassworks to this day, as well as glass museums and glass landmarks. To fully "experience" glass, you can blow a glass ball for yourself and do plenty of shopping at the JOSKA Interactive Exhibition & Glass-blowing Works in Bodenmais and at the Weinfurter Glass Village in Arnbruck. At JOSKA, you can also admire, for example, the largest wheat beer glass in the world, as well as the world's biggest Christmas bauble and Easter egg. At the Zwiesel Kristallglas in Zwiesel, you can take a look at the largest glass pyramid in the world, which is 8 metres high and made from more than 90,000 glass tumblers. Glass art from numerous international artists can be seen in the Glass Gardens in Frauenau, which is directly next to the Frauenau Glass

Museum, where the history of glass around the world is presented. In the three-river-town, Passau, enjoy a visit to the Glass Museum which is home to the largest collection of Bohemian glass worldwide. This unique museum was once inaugurated by the first man on the moon, the American astronaut Armstrong.



JOSKA: www.joska.com

Glass Gardens in Frauenau:
www.die-glaesernen-gaerten-von-frauenau.de

Glass Museum in Frauenau: www.glasmuseum-frauenau.de/en

Glass Museum in Passau: www.glasmuseum.de

Weinfurter Glass Village: www.weinfurter.de/index.html

Zwiesel Kristallglas: <https://shop.zwiesel-kristallglas.com>



Die Glasstraße



Suggested tours: On the River Danube

Cruise ships in Passau

Along the River Danube and the Route of Emperors and Kings

With a length of more than 2,800 km, the Danube is the second longest river in Europe. It connects 10 European countries as well as some of the most important European metropolises and former royal and imperial cities, such as Vienna, Budapest and Belgrade, for example. It also flows through East Bavaria and joins the East Bavarian cities Kelheim, Regensburg, Straubing, Deggendorf and

Passau. Countless river cruise ships dock at the ports of these towns. These towns and picturesque landscapes can also be discovered on shorter boat trips and excursions on the Danube. Do a river cruise and discover the sites all in one go – a very special experience! The Route of Emperors and Kings connects Regensburg with the royal and imperial cities of Vienna, Bratislava and Budapest.

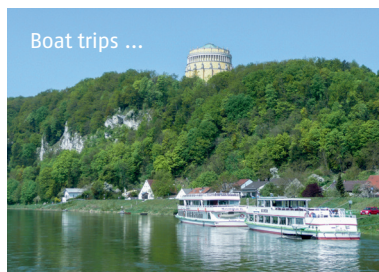


River cruise (Kelheim, Regensburg, Passau): www.donauschiffahrt.de

The Route of Emperors and Kings: www.germany.travel/en/leisure-and-recreation/scenic-routes/the-route-of-emperors-and-kings.html



Boat trips ...



... on the rivers Danube and Altmühl



Topics: Untouched nature

Landscape of the Bavarian Forest



Nature: National Park und limestone caves

East Bavaria is a region full of nature and many different, and, at points, very impressive landscapes. There are a total of 7 nature reserves in the region of East Bavaria, as well as the first national park in Germany, the Bavarian Forest National Park.

It is part of the largest contiguous forest area in Central Europe. It lies directly on the border to the Czech Republic. Just over the border on the Czech side is Šumava National Park. Extensive woodland and virgin forests are a feature of this region. Incidentally, Germany's cleanest air was also found to be here.

The landscape isn't just spectacular overground, but underground, too! In the Bavarian Jura, you can admire a number of breathtaking rock formations with stalactites and stalagmites.

You will find yourself in a fairytale world when visiting! While the landscape of the Upper Palatinate Forest is shaped by ancient volcanoes, the Bavarian Golf and Spa Country is rich in thermal springs.



Limestone caves



www.ostbayern-tourismus.de

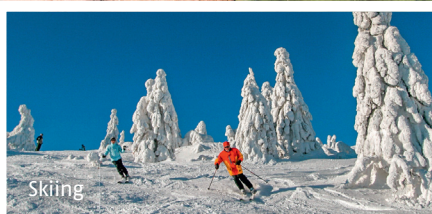
Topics: Outdoor

Walking on mountains and along rivers

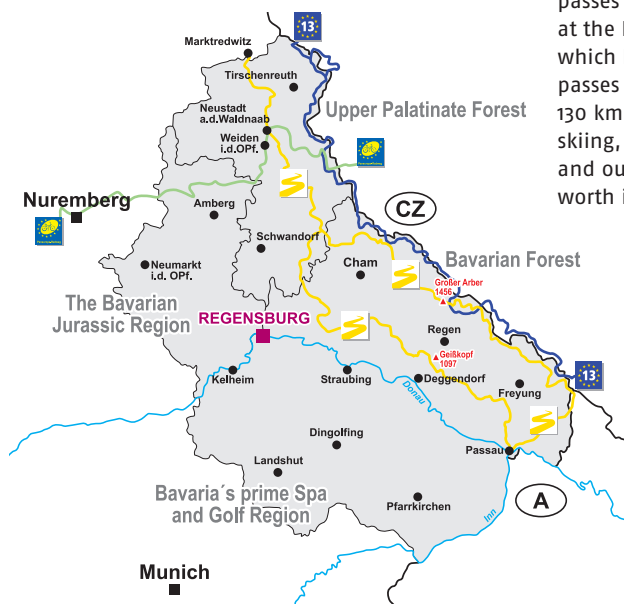
Being active outdoors

East Bavaria is the ideal place to go walking, with its mountains rich in forests and charming landscapes. Thus, it is hardly surprising that Germany's longest, certified hiking trail, the "Goldsteig", spans over 660 km through the Bavarian Forest and the Upper Palatinate Forest. Every year, the world-renowned "Goldsteig Ultra Race" takes place. Participants from all over the world attempt to cover all 660 km in as short a time as possible. The Ultra Race, which takes place once every year, is one of the world's longest non-stop races. Top athletes require around 145 hours

to run the 660 km course. An El Dorado for skiers is the Great Arber (Großer Arber), which has an almost alpine character with its 10 km of ski slopes and gondola lifts. Several ski schools offer skiing courses. It is possible to ski down the Geißkopf mountain in winter, and in summer the mountain is famous for its mountain bike runs. There are also canoeing courses on the East Bavarian rivers. The Iron Curtain Trail runs along the Bavarian-Bohemian border; with a total length of 9,500 km, the international cycle path starts in the very far north of Europe in Norway and passes through over 20 countries, finishing at the Black Sea. The Paneurope Cycle Route, which links Paris, Nuremberg and Prague, also passes through East Bavaria for approximately 130 km. Walking, cycling, mountain biking, skiing, canoeing ... every sports enthusiast and outdoor lover will get their money's worth in East Bavaria!



Skiing



Great Arber:
www.arber.de/en.html
 Goldsteig:
www.goldsteig-wandern.de/en
 Geißkopf: www.geisskopf.de
 Iron Curtain Trail:
www.ironcurtaintrail.eu/en
 Paneurope Cycle Route:
www.paneuropa-radweg.de
 Schneider events:
www.schneider-events.de

Topics: Family holidays

Activities for families

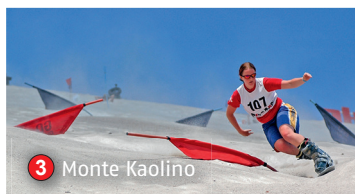
Out and about with family

Families with children can certainly get their money's worth in East Bavaria. There are leisure facilities and adventure worlds throughout the entire region, where both children and their parents can have a good time! Here are some ideas:

- Ride the longest rollercoaster in Bavaria, - Ride on the bobsleigh and toboggan runs which can be over 1000 m long!, - Walk high above the treetops and, in good weather, look 100 km into the distance on the Waldwipfelweg (The Walkway High Above the Forest), Visit the "Upside-Down House", where even all the furnishings are topsy turvy, confusing your senses, Walk along the Baumwipfelpfad (Treetop Walk), which at over 1.3 km in length is one of the longest and most spectacular treetop trails in the world and leads to an enormous tree tower. Here, you can safely and comfortably climb up to a height of 44 metres and see far into the distance over the Bavarian Forest, sometimes even catching a glimpse of the Alps. TOP TIP: A special experience for families is the Monte Kaolino, a huge and 120 m high sand mountain near Amberg. There is a summer toboggan run, an adventure golf course, a large dune outdoor pool, and you can even go sand-skiing in the summer. Pure adventure for young and old! Guests from near and far can look forward to all of this and much more!



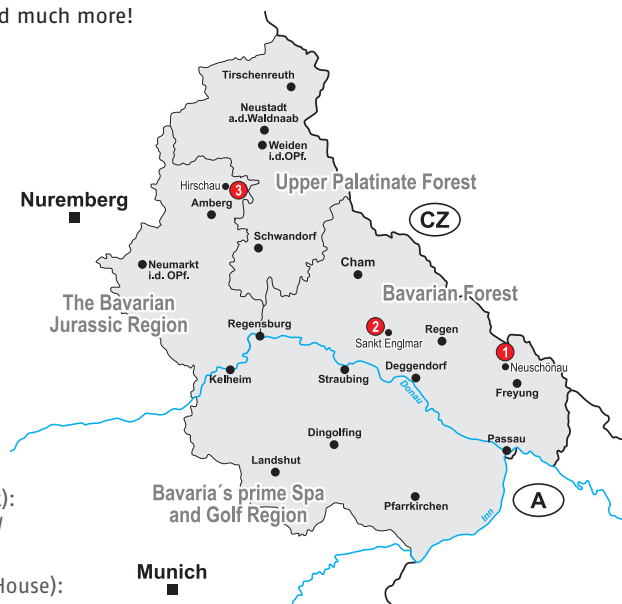
2 Upside-Down-House



3 Monte Kaolino



- 1 Baumwipfelpfad (Treetop Walk):
www.baumwipfelpfad.bayern/bayerischer-wald-en
- 2 Haus am Kopf (Upside-Down House):
www.waldwipfelweg.de
- 3 Monte Kaolino: www.montekaolino.eu



Topics: Christmas markets

Christmas Market in the Bavarian Forest



2 ... in Regensburg

A romantic Christmas

The Christmas markets in Germany are world-renowned. Everywhere it smells of Bavarian sausages, gingerbread and mulled wine. Here, you can buy glass baubles, nativity figures and many traditional craft products. In East Bavaria, there are Christmas markets in almost every large town. Exceptional Christmas markets, however, are the "floating" Christmas market in Vilshofen, situated on a river cruiser on the Danube, the Christmas market in the Thurn and Taxis Castle in Regensburg, the Christmas market on the grounds of the Kuchlbauer brewery in Abensberg, the Christmas market in the Hauzenberg quarry in the Bavarian Forest, and the "Winter Western Wonderland" in the leisure and theme park at Pullman City, the "living Western Town" near Passau.



3 ... in the brewery Kuchlbauer



- 1 "Floating" Christmas market: www.schwimmender-christkindlmarkt.de
- 2 Christmas market in the Thurn and Taxis Castle: www.thurnundtaxis.de/en
- 3 Christmas market at the Kuchlbauer brewery: www.kuchlbauer.de/en
- 4 Hauzenberg quarry: <https://granitzentrum.de/granitweihnacht/impressionen>
- 5 "Winter Western Wonderland" in the leisure and theme park at Pullman City: www.pullmancity.de/en-US



Topics: Culture and tradition

3 Spearing the Dragon in Furth

Festivals and celebrations

Traditions and celebrations are an integral part of everyday life in East Bavaria. Every year, 1.4 million visitors come to Straubing to celebrate with beer and pretzels at Bavaria's second largest Volksfest (a traditional festival with fun fair) after the famous Oktoberfest in Munich. The East Bavarian Festivals are also impressive for their re-enactment of historical events. First and foremost, the Landshut Wedding, one of the largest open-air performances in Europe which takes place every 4 years. And in Furth, the Dragon Slaying Festival (Drachenstich) uses the world's largest walking robot, a 15-metre-long, fire-breathing dragon! The festival takes place in August every year, and the dragon can also be visited in the summer months (between Easter and October) in his lair.

An extraordinary festival is the Chinese Carnival in Dietfurt an der Altmühl. The festival has a very long tradition and is unique in Germany. Up to 20,000 visitors come to Dietfurt every year to witness this spectacle, with many visitors dressing up in Chinese costumes. A concert hall with an outstanding acoustic, which attracts well-known artists and guests from all of the world, is located in Blaibach in the Bavarian Forest.



2 Landshut Wedding



1 Gäubodenfest in Straubing:
<https://gaubodenvolksfest.de>

2 Landshut Wedding:
www.landshuter-hochzeit.de

3 Dragon Slaying Festival in Furth:
www.drachenstich.de/index.php/english

4 Chinese Carnival: www.dietfurt.de/chinesenfasching

5 Blaibach Konzerthaus: konzert-haus.de





Topics: History

Prunn Castle over the valley of the river Altmühl

The Baroque period and castles

Baroque fortresses and churches, medieval castles and many historical buildings can be found throughout East Bavaria. The Walhalla close to Regensburg was built by King Ludwig I of Bavaria and contains numerous statues of significant figures in German history.

In memory of the battles won against the French military leader Napoleon, the Hall of Liberation, which towers over the River Danube, was erected in the 19th century at Kelheim. Waldsassen Abbey and Metten Abbey are both famous for their magnificent monastic libraries. You can admire impressive baroque churches at Osterhofen Abbey, at Weltenburg Abbey and in the Old Chapel (Alte Kapelle) in Regensburg. It is possible to get a picture of what medieval life was like in many of the historical castles.



2 Hall of Liberation, Kelheim



1 2 Walhalla:

www.schloesser.bayern.de/englisch/palace/index.htm

3 Waldsassen Abbey:

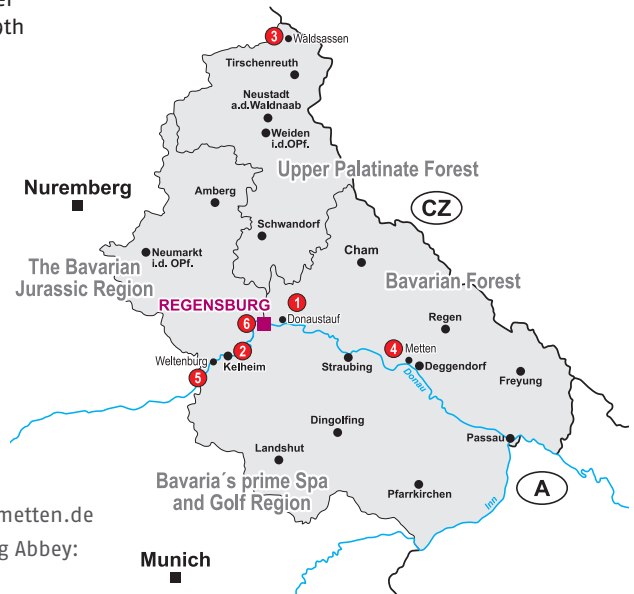
<https://abtei-waldsassen.de>

4 Metten Abbey: www.kloster-metten.de

5 Baroque church in Weltenburg Abbey: www.kloster-weltenburg.de/a-short-guide-to-weltenburg

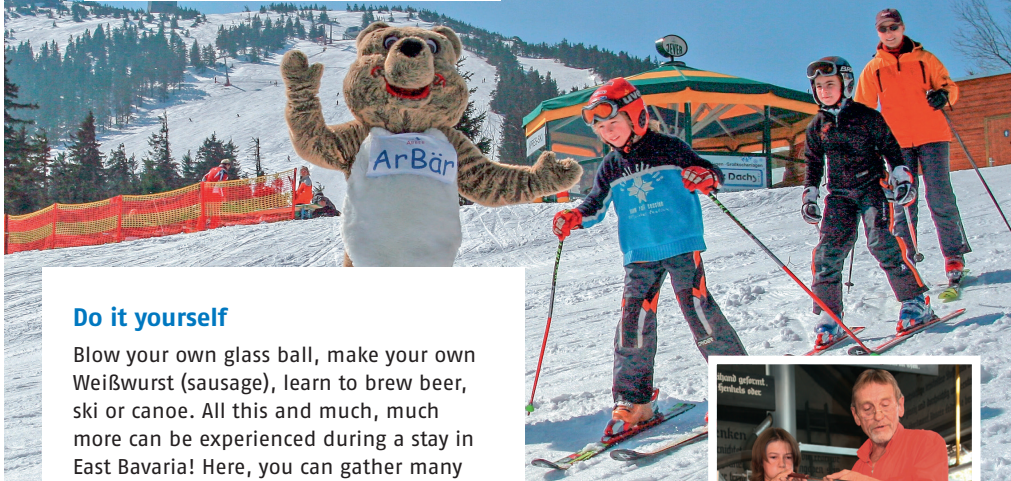
6 Baroque church in the Old Chapel: www.alte-kapelle.de

Baroque church in Osterhofen Abbey: www.asambasilika.de



Topics: New experiences ...

1 Learning to ski



Do it yourself

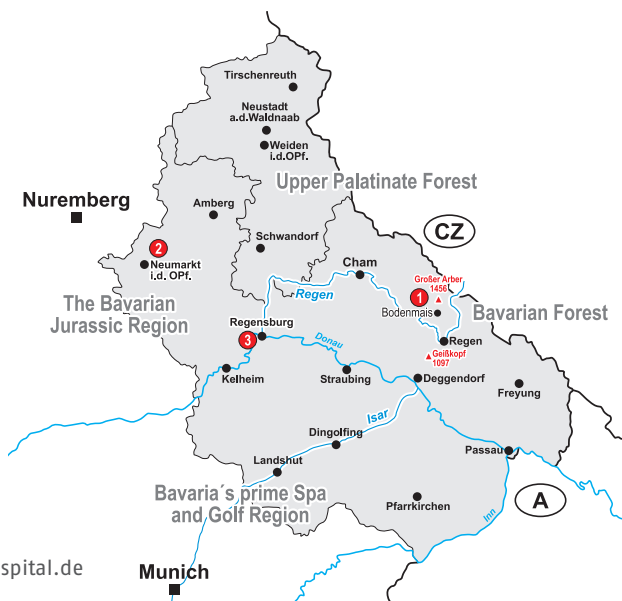
Blow your own glass ball, make your own Weißwurst (sausage), learn to brew beer, ski or canoe. All this and much, much more can be experienced during a stay in East Bavaria! Here, you can gather many different experiences and show all of your family and friends what you have experienced and achieved in Eastern Bavaria. Some examples:

- Blow glass at JOSKA Kristall in Bodenmais
- Make your own Weißwurst at the Weißwurstakademie in Neumarkt
- Complete a beer brewing course at the Spitalbrauerei in Regensburg
- Take part in skiing and canoeing courses at Schneider Events in Regen in the Bavarian Forest

2 Blowing your own glass ball



3 Making your own sausage



1 JOSKA Kristall: www.joska.com

3 Spitalbrauerei: www.brauerei.spital.de

2 Weißwurstakademie:
www.hotel-wittmann.de/13989-Weisswurstakademie.htm

Schneider Events: www.schneider-events.de



Tourist Board of East Bavaria, Services

- ✓ Press and study trips
- ✓ Photo enquiries
- ✓ Assistance with journalist enquiries/research
- ✓ Creation of press releases
- ✓ Preparation of information leaflets
- ✓ Development of itineraries and tour suggestions



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